"...ecclesiarum situs plerumque talis erat, ut fideles facie altare versa orantes orientem solem, symbolum Christi, qui est sol iustitiae et lux mundi intuerentur."

"...the location of the churches was generally such that the faithful, in praying, with their faces turned toward the altar, would be looking toward the rising sun, the symbol of Christ, who is the sun of justice and the light of the universe."

Athanasius, bishop of Alexandria (299 - 373 A.D.)